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We have been open for over 20 years - 1989-2009. We serve breakfast on Saturday & Sunday. The Bean offers a variety of vegetarian specials. You can view our Daily Specials on our website. All of our menu prices **include** 6% CT Sales Tax. **85 Main** in Putnam is our sister restaurant. We have Gluten free items available. We are open 361 days each year.



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- 2009... What's Happening at The Bean ... 2009
2009 Calendar listings
- * Jeffrey Foucault - Saturday, November 14th *
 - * Garnet Rogers - Sunday, December 13th *



What's Happening at "The Bean"...



All shows start at 8:00 PM unless otherwise noted

- | | |
|--|--|
| ● Friday October 2nd <i>Show Time 7:30PM</i> \$ 5.00
Open Mic - Erik Balkey | ● Saturday November 21st - \$15.00
Brooks Williams |
| ● Saturday October 3rd - \$15.00
Buddy Mendlock | ● Saturday November 28th - \$15.00
Lissa Schneckenburger |
| ● Saturday October 10th - \$15.00
Maria Sangiolo & Jim Henry | ● Friday December 4th <i>Show Time 7:30PM</i> \$5.00
Open Mic - Phil Henry |
| ● Saturday October 17th - \$12.00
Last Fair Deal | ● Saturday December 5th - \$15.00
Kris Delmhorst
Opener Carsie Blanton |
| ● Saturday October 24th - \$15.00
Lui Collins | ● Saturday December 12th - \$12.00
Delta Generators |
| ● Saturday October 31st - \$10.00
Beth Colegrove - CD Release | ● Sunday December 13th <i>Show Time 7:00PM</i> - \$20.00
Garnet Rogers |
| ● Friday November 6th <i>Show Time 7:30PM</i> \$5.00
Open Mic - Curtis Brand | ● Saturday December 19th - \$15.00
Atwater-Donnelly |
| ● Saturday November 7th - \$12.00
Anders Vercelli Trio | ● Saturday December 26th
NO SHOW |
| ● Saturday November 14th - \$17.00
Jeffrey Foucault | |

Call ahead, shows are subject to change

Checkout our Webcam - www.TheVanillaBeanCafe.com

Our Pricing Practices

1. Sales Tax Included - Our prices include the 6% Connecticut Sales Tax. The prices listed on the menu are exactly what you pay. Our prices may seem to be inflated; however, a \$8.50 menu item is actually \$8.02 + \$.48 sales tax. Furthermore, this practice makes it easier for the customer, especially if that customer is a child who has exact change for a cookie. What you see is exactly what you pay - what could be simpler?

2. Not Market Standard Pricing - We are not trying to fool the customer into thinking that \$7.95 is less expensive than \$8.00. We find this type of pricing insulting to our customers. However, the reason it is used so extensively around the nation is that it works effectively. We don't like that practice, and we also like to believe that our clientele is not so easily fooled.

3. No Pennies, Dimes or Nickels - Because our prices include tax and we do not price in the standard way, we do not have to use pennies, dimes or nickels. This is a service to both the customer and to us. We don't give you lots of change, and we only have to use quarters and fifty-cent pieces. This also helps our staff to be more efficient performing transactions, which saves time and money. An added bonus is that we don't have to count change at the end of the business day. ☺

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- Jim Rohn

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A full breakfast menu is served Saturday and Sunday from 8:00 am - 12:00 noon. We offer a variety of specials including Brie Benedict, Ham and Jalapeño Burrito, and Pumpkin Cranberry Pancakes. We use only 100% maple syrup and top-quality bacon. ☺

Dinner at The Bean

We are open for dinner Wednesday - Sunday nights. Each night we run four or five dinner specials. Recent items include: Sweet & Sour Beef Skewers, Shepherd's Pie, Baked Eggplant, and Maple Glazed Scallops. We offer a truly quality dinner at a great price, in a warm and friendly atmosphere. If you haven't tried us for dinner yet, it's time you did. ☺

The Artwork Gallery

The Café displays artwork by local artists year round. Some shows have openings and some do not. Most of the artwork displayed is for sale and often prices are listed with the piece or on a list located in the room. One hundred percent of the sale price goes to the artist.

October - Dan Roy

November - Pomfret School Art Students

December - Quilts ☺

Entertainment

The Café is on the National Folk Music Circuit and attracts talent from all over the United States while featuring mainly New England performers. The majority of the shows are on Saturday night and start at 8:00 PM. Our Open Mic night is on the first Friday of each month. During shows, a theatre curtain separates the listening room from the tiled dining room and kitchen in an effort to keep the music in and the kitchen noise out. ☺

On-Site WiFi

We provide complimentary wireless internet service. Bring your lap top to the Café, search for available networks and log on to the VBC. Get some work done or check your email while you eat lunch! ☺

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December Entertainment

Sunday - 13 - Garnet Rogers



Garnet Rogers has established himself as one of the major talents of our time. Hailed by the Boston Globe as a “charismatic performer and singer”, Garnet is a man with a powerful physical presence and a voice to match. With his smooth, dark baritone, his incredible range and thoughtful, dramatic phrasing, Garnet is widely considered by fans and critics alike to be one of the finest singers anywhere. His music, like the man himself, is literate, passionate, highly sensitive, and deeply purposeful. An optimist at heart, Garnet sings extraordinary songs about people who are not obvious heroes and of the small victories of the everyday. As memorable as his songs, his over the top humour and lightning quick wit moves his audience from tears to laughter and back again.

Saturday - 19 - Atwater-Donnelly



Aubrey Atwater and **Elwood Donnelly**, the highly acclaimed husband and wife duo, present delightful programs of traditional American and Celtic folk songs, a capella pieces, old-time gospel songs, dance tunes, and original works. Elwood and Aubrey blend gorgeous and unusual harmonies and play guitar, Appalachian mountain dulcimer, mandolin, tin whistle, harmonica, banjo, bones, spoons, limberjacks, and other surprises including Appalachian clog dancing, French Canadian footwork, and Tap. “Atwater-Donnelly are marvelous musicians. Their voices blend beautifully, their instrumental work is sparkling, and they are captivating performers. I could listen to them for hours.”- Frank Dudgeon, WUMB, Boston, MA.

Holiday Hours

Thanksgiving

Wednesday, November 25th - Closed at 3:00 pm
Thursday, November 26th - Closed

Christmas

Thursday, December 24th - Closed at 3:00 pm
Friday, December 25th - Closed
Thursday, December 31st - Closed at 3:00 pm

New Year's Day

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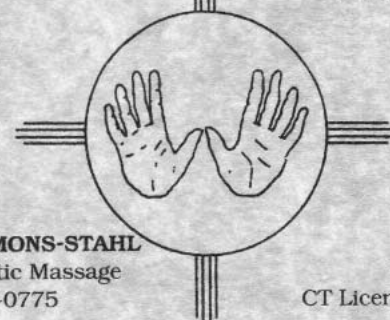
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December Entertainment

Friday - 4 - Open Mic



Host - Bonnie Lee Panda - Feature - Phil Henry is a Vermont singer-songwriter who sings funky folk pop acoustic originals that reflect the aspirations and realities of his small town upbringing.

Saturday - 5 - Kris Delmhorst

Kris Delmhorst has built a thriving career and a devoted following from the ground up. The same independence of spirit that led Delmhorst to spend some early years working on subsistence farms, cooking on a schooner off the coast of ME, or hitch-hiking the back roads of Ireland with a fiddle on her back, is evident in the arc of her musical evolution: A willingness to work on her own terms and her own time. Along the way she's parlayed a decade of successful cross country and Trans-Atlantic touring into one of the most distinct voices in American music. Favoring perceptions over conclusions, and showing a willingness to evoke emotion but not to pin it down, Delmhorst leaves the mystery of creation intact at the heart of each song, while exploring the transformative power of love. With her new album *Shotgun Singer*, Delmhorst trained her voice on a series of gracefully open lyrics and figures that transcend genre, ranging into the borderlands between indie-rock and folk. Adventurous, elegant, lucid, and haunting, the record is the work of a musician at full stride who has found a musical language equal to her vision.



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Saturday - 12 -

The Delta Generators


As their name implies, **The Delta Generators** combine the urgency and soulfulness of delta blues with the power and energy of early rock 'n' roll.



While, in the broader sense, they could be classified as a blues band, there is room on that big blue canvas for brush strokes of Memphis soul, LA funk, and classic rock 'n' roll. The combination of clever songwriting and inspired performances on their new CD "*Devil in the Rhythm*" shows why critics and audiences are calling them the best new blues band in New England. Taking top honors at the Blues Challenge last summer was no small achievement: The Delta Generators bested seven of the most popular bands in the region to earn the right to represent the Hub in the Blues Foundation's prestigious 2009 International Blues Challenge in Memphis.

November Entertainment


Saturday - 21 - Brooks Williams



Bluesy guitarist **Brooks Williams** is a certified road warrior, wowing audiences for twenty-one years in both North America, Ireland, the UK and Turkey with his powerful acoustic and resonator slide guitars. Brooks Williams is as diverse and versatile a musician as you are likely to encounter. *Dirty Linen* magazine calls Williams one of "America's musical treasures." He regularly brings audiences to their feet and is quite simply one of the most entertaining and engaging performers on the circuit today. As one of the world's premier acoustic guitarists and singers, Brooks Williams continues to tour worldwide, every night delivering the deepest and most intense interpretations of everything from early blues songs to his recent original compositions. He is quite simply one of the most entertaining and engaging performers on the circuit today. From coast to coast, country to country, Williams and his guitars roll and tumble like nobody's business.

Saturday - 28 -

Lissa Schneckenburger



The traditional music of New England can be as warm and comforting as a winter fire or as potent and exhilarating as a summer thunderstorm. Fiddler and singer **Lissa Schneckenburger** is a master of both moods, a winsome, sweet-voiced singer who brings new life to old ballads and a skillful, dynamic fiddler who captures the driving rhythm and carefree joy of dance tunes old and new. Whether playing for a folk club audience or a hall full of dancers, Lissa brings to the stage enthusiasm, energy, and the bright future of New England's musical traditions.

"The uncreative mind can spot wrong answers, but it takes a creative mind to spot wrong questions." - A. Jay



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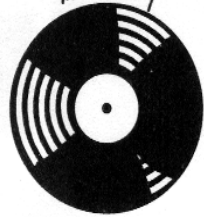
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November Entertainment

Friday - 6 - Open Mic



Host - Bonnie Lee Panda - Feature - Cutis Brand says, “My music is an effort to reach out to people I have not yet met and present some of what I have learned in my travels. I hope you find something of value in what I have tried to share.”

Saturday - 7 - Anders Vercelli Trio

The **Anders Vercelli Trio** is comprised of three grads from Berklee College of Music in Boston. **Anders & Lars Vercelli** with upright bassist extraordinaire **Blake Marquez** perform a live show consisting of a fabulous assortment of songs you will just love to hear! Anders Vercelli is a versatile jazz pianist with a stunning repertoire of standards and tunes from the *Great American Songbook*. The recently released CD *Just Ahead*, has been called “best yet from the Anders Vercelli Trio!” It’s particularly exciting to hear the trio play a song by Anders Vercelli’s grandfather, Leroy Anderson, as well as two of Anders’s original compositions. And, the other standards are all terrific. This is a collection that makes the listener feel great. This young trio continues to forge ahead with great classic and original tunes, a treat for the ears. A fun and relaxing vibe from some truly talented musicians.



Saturday - 14 - Jeffrey Foucault

Since the 2001 release of his critically acclaimed debut, *Miles from the Lightning*, WI native **Jeffrey Foucault** has built an independent career touring extensively in the US, Canada, and the UK. His 2006 release, *Ghost Repeater* garnered praise from publications such as *The New Yorker*, *No Depression*, *MOJO*, *The Chicago-Sun Times*, and *The Irish Times*. Jeffrey’s repertoire is pure Americana poetry, a mix of country blues, country, and folk music that the *Boston Globe* noted for its “rolling, reflective ballads (that) shimmer with blue shade, everyday images, and the quiet strength of hard-earned wisdom.” Raw and intimate, *Shoot the Moon Right Between the Eyes* covers both familiar and lesser-known songs spanning twenty years of John Prine’s career. You can hear the amplifiers pop, the heater tick on, and the chairs creak as Foucault settles down to capture Prine’s timeless simplicity and depth while leaving his own indelible stamp.



As we live, so we learn. - Yiddish Proverb

“I think the one lesson I have learned is that there is no substitute for paying attention.” - Diane Sawyer

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- William Shakespeare, “Hamlet”

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October Entertainment

Saturday - 17 - Last Fair Deal

The band features Paul Howard, Tom Hagymasi, Phil Zimmerman, and Todd Howard. **Last Fair Deal** redraws the map of American roots music with fluid energy and creativity. LFD's live performances,



with stellar vocals and unique acoustic synergy, will captivate any audience.

Last Fair Deal has an eclectic repertoire drawing on old-time string-band, bluegrass, swing, and pop music. They put their own spin on songs from such diverse songwriters as John Hartford, Hank Williams, Dan Hicks, Lennon/McCartney, John Hiatt, Nat King Cole, and Bob Dylan.

Saturday - 24 - Lui Collins

Lui Collins was born in VT and played her first gigs in the early '70's while studying at UCONN. Collins established herself in the folk community by the early '80's with the release of her early Philo and Green Linnet recordings. She now has eight solo recordings and a poetry book, *Moon of Ripe Berries*. Collins has been featured on several other musicians' recording projects, singing both lead and harmony vocals and playing guitar, and she has had her songs recorded by Garnet Rogers, Priscilla Herdman, and others. Her most recent recording, *Closer*, was released by Waterbug Records in 2006. Collins is highly regarded by both the press and her fellow musicians. *The Boston Globe* dubs Collins "one of New England's first and brightest stars."



Saturday - 31 - Beth Colegrove

Playing guitar and writing music since childhood,



Beth Colegrove was instructed from 2003 until 2006 by folk artist Brooks Williams who describes her as "one of the finest students he has ever had." Beth draws upon the lyrical wisdom of folk artists Lori Mckenna, Patty Griffin, and Antje Duvokot. When asked why she writes, she quotes one of her songs, "She asks me why I write and I say, well, why do I breathe. It's not a way of life, it's just the life that I lead."

"A habit for all of us to develop would be to look for something to appreciate in everyone we meet. We can all be generous with appreciation." - Carl Holmes

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"The most beautiful thing we can experience is the mysterious. It is the source of all true art and all science. He to whom this emotion is a stranger, who can no longer pause to wonder and stand rapt in awe, is as good as dead: his eyes are closed." - Albert Einstein



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There is no bad patience. - Swahili Proverb

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- Aaron Copland



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- Comte de Buffon



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October Entertainment

Friday - 2 - Open Mic



Host - Bonnie Lee Panda - Feature - Erik Balkey delivers an engaging mix of honesty, intimacy and humor. His "sparse arrangements frame the songs with uncommon poise." - *Dirty Linen*.

Saturday - 3 - Buddy Mondlock

Buddy Mondlock writes songs so well that they have been recorded by many great songwriters including Guy Clark, Nanci Griffith and Janis Ian. But there's nothing like hearing the guy who wrote 'em sing 'em.



He's not going to pin your ears back with those songs. He is going to draw you into his world, where a single snowflake follows the trajectory of a relationship, where you get your pocket picked by a Roman cat, where you might swim over the edge of the world if you're not careful and where dreams that don't come true still count.

Saturday - 10 -

Maria Sangiolo & Jim Henry

Maria Sangiolo has been enchanting folk audiences with her warm stage presence and mellifluous vocals for the past twenty years. Maria's deeply emotive soprano vocals have inspired comparisons to Joan Baez, Shawn Colvin and Carolyn Hester. The *St. Paul Pioneer Press* noted that "Sangiolo's voice is clear as crystal." *The Boston Globe* praised her "pure, honest soprano that makes you believe everything she sings." Fueled by her heart warming vocals, rich narrative song writing and deft guitar playing, Maria's albums are intimate and engaging.



There are only a few musicians who make you wonder if it's really as easy as it looks. Who make you crane your neck to see how many people are up on stage because you can't believe all the sounds and textures emanating from one place. Who you feel compelled to seek out and thank after the show, because you were absolutely transported by their contributions. This is how people feel after hearing **Jim Henry** play. Jim Henry's longtime reputation as a phenomenal all-around musician is well-deserved. He can do it all: play most things stringed, sing lead or harmony, write great songs, produce, engineer and arrange. Four solo recordings and literally hundreds of tracks on other people's recordings have cemented his position as one of the most versatile and talented musicians working in acoustic music today.



Accolades and Awards

The New York Times

"The food...is freshly made, well seasoned and extremely tasty."

The Boston Globe

"...great food - homemade soups, sandwiches, burgers, and the best fish cakes around - in a relaxed atmosphere."

Yankee Magazine's Travel Guide to New England

"Editors' Pick" 1997, 2003 & 2004

"One of the outstanding reasons to visit New England."

Connecticut Magazine Readers' Poll

Windham County - Various years

Best Family Dining - Best Sandwiches

Best Desserts - Best Business Lunch

Best Vegetarian - Best Outdoor Dining

Norwich Bulletin - Dining Guide

Food: ★★★★★

Atmosphere: ★★★★★

The Hartford Courant

"This is a place that serves excellent food and brings in some of the better performers on the New England coffee house circuit..."

"The Vanilla Bean Café in Pomfret is one of those rare places that truly has something for everyone..."

Oh, yes - the food is truly delicious, too."

The New London Day

★★★

"The soups are homemade and delicious, the sandwiches unusual and served on breads that are positively delicious..."

www.VisitingNewEngland.com

"the Vanilla Bean Café is one of those places you simply don't want to leave."

www.HiddenBoston.com

"This impossibly funky Connecticut restaurant is full of character (and characters), and is truly in a class by itself."

Recipient University of Connecticut's Nozko Family Business Leadership Award

Check the hallway by the restrooms - our Hall of Fame- for more articles, letters and awards.

"Stella" - 2002-2009

Dearly loved by our customers, old and young alike, Stella, our 170 pound English Mastiff, passed away on Sunday, August 30, 2009. Often adorning the patio in the warmer months and throughout the winter with her 'PLEASE DO NOT FEED ME' tag, she was our official greeter and patio



host. She was owned, loved and cared for by Brian Jessurun and his wife Lori McDermott. She will be greatly missed by all. ☹

"What we have done for ourselves alone dies with us; what we have done for others and the world remains and is immortal."

- Albert Pike



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"Everything is material for the seed of happiness, if you look into it with inquisitiveness and curiosity. The future is completely open, and we are writing it moment to moment. There always is the potential to create an environment of blame or one that is conducive to loving-kindness."

- Pema Chodron

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The Vanilla Bean Café

Things we would like you to know...

The Vanilla Bean Café opened in 1989 with 16 seats.

The Café is owned by the **Jessurun Family**.

The Café is open 361 days each year - we close on:
Easter Sunday, Fourth of July,
Thanksgiving, Christmas Day

Business Hours:

Mon - Tue	- 7:00 am - 3:00 pm
Wed - Thur	- 7:00 am - 8:00 pm
Friday	- 7:00 am - 9:00 pm*
Saturday	- 8:00 am - 9:00 pm*†
Sunday	- 8:00 am - 8:00 pm

*We may close early during colder months.

†Entertainment night - serving dessert, beer & wine until 10:00 pm.

Stella, the English Mastiff you may have seen around the Café, passed away in August 2009.



Web site: www.TheVanillaBeanCafe.com

E-mail: ask@thevanillabeancafe.com

Address: **Corners of Routes 44, 169 & 97
Pomfret, Connecticut**

Phone: **860-928-1562**

Music booking: **Maria Sangiolo**
maria@thevanillabeancafe.com

Art booking: **Randy Markes**
randy@thevanillabeancafe.com

Bean Soup ads: **Barry Jessurun**
barry@thevanillabeancafe.com

Bean Soup is an information and entertainment newsletter published by The Vanilla Bean Café.

Compiled and written by:

Barry Jessurun

Mary Murtha Dudley

Layout & Design - Barry Jessurun



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The Vanilla Bean Café Pomfret Connecticut 06258



Bean Soup

Entertainment & Stuff

"To Bean or not to Bean...?"

Volume 13 Number 4

October 2009 - December 2009

Free*

Twenty Years Later - Same Core Values

This past August marked the 20th anniversary of the Vanilla Bean Café. Many changes have taken place over the years, but our core values have remained the same. In 1989, the Café opened with 16 seats and a philosophy of delivering quality in all aspects of the business. Today, there are many more seats but the values remain the same and a consistent commitment to our original philosophy continues.

It isn't easy to find a "middle-of-the-road" dining establishment. If you don't want to cook but you definitely don't want fast food or pizza or "chain" restaurant food *but* you don't want to spend the whole evening dining out, then The

Vanilla Bean Café offers the perfect solution. You can enjoy a high quality dinner (real food!) in a comfortable and casual atmosphere and take as much or as little time as you like.

Our focus has always been about delivering the best quality product for the price. With all the changes that have evolved in the 20 years since we opened our doors, our focus remains the same as we strive to create a comfortable place to enjoy a dining experience.

We enjoy the business from our dedicated customers. Throughout the years, from small donations to large benefit shows, we show our appreciation by giving back to our community.

Besides doing business and supporting our community, we try to make it fun - for us, for our customers and for our employees.



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alfresco dining ~ raw bar ~ late night bar menu

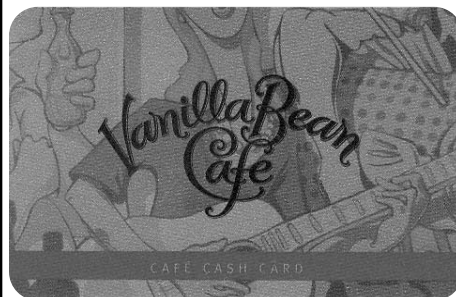
lunch, dinner, and bar menu daily from 11:30 am-11:00 pm

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The Café Cash Card

The first Café Cash Card was introduced in 1997. The appearance of the card has changed since then, but our card still works like the gift cards available in most stores today. Café Cash Cards may be purchased in any amount at the restaurant or online and



are reloadable - add to the card balance at any time! Cards may be used to purchase any menu item at Vanilla Bean Café. A bonus of 10% is

added to the card balance when you purchase a card for \$100 or more. The card must be presented to redeem it at the time of purchase. The Café Cash Card makes a great gift for friends and family members and is ideal for students at the local schools. Café Cash Cards have no expiration date.