

Lunch Specials

Tuesday, September 7th, 2010

The Vanilla Bean Café

860-928-1562

- ~ **Asian Tuna Wrap** **10**
Pan seared sushi grade tuna wrapped in a flour tortilla with avocado, mixed greens, cucumber, shredded carrot, greens and sprouts with a spicy Asian Siracha mayo – with kettle chips and pickle
- ~ **Turkey, Apple & Aged Cheddar Sandwich** **10**
Our organic roasted turkey layered with sliced apples, aged cheddar, lettuce and red onion on multigrain bread with honey mustard – with kettle chips and pickle
- ~ **Grilled Steak Caesar** **10**
Grilled steak over crisp romaine with garlic croutons, Parmesan cheese, our Caesar dressing and lemon
- ~ **BBQ Pork & Bean Burrito** **10**
BBQ pork and our bean burrito filling rolled in a flour tortilla – served with diced tomatoes, cheddar cheese, house salsa and sour cream
- ~ **Heirloom Tomato & Aged Cheddar Sandwich** **9.5**
Local heirloom tomatoes, (Shelburne Farms, VT) aged cheddar cheese, basil pesto, mayonnaise, lettuce, & on toasted multigrain bread with chips and a pickle
- ~ **Heirloom Tomato Salad** **9.5**
Local heirloom tomatoes with fresh mozzarella cheese, and grilled asparagus over mixed greens with balsamic vinaigrette and grilled foccacia bread
- ~ **Pulled Chicken & Avocado Wrap** **9.5**
Roasted pulled chicken rolled in a flour tortilla with avocado, lettuce, tomato & chipotle mayonnaise – served with BBQ kettle chips and pickle
- ~ **Smokey Joe Burger** **9.5**
Our house burger topped with melted smoked gruyere cheese on a seeded bun with lettuce, tomato, and onion, served with BBQ sauce, kettle chips and pickle

Quiche of the Day

Crab & Scallion Quiche 10

Quiche Lorraine 9.5

...served with fresh fruit & a side Cucumber Salad with onions, tomato and house ranch dressing

Soups of the Day

New England Clam Chowder

Tomato Florentine

Chicken Szechuan

Gazpacho

Chilled Summer Berry